

# Storybooks about Epilepsy

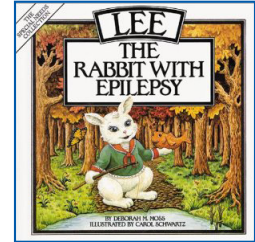
Epilepsy is a complex condition that can be difficult for children to understand. As parents and educators, we know that children enjoy learning through stories and that stories are often a role model of behavior. The following list of children's books is suggested to help children and their classroom peers to understand epilepsy. Parents and teachers can also use these books to help other children learn about and understand epilepsy.

## Lee the Rabbit with Epilepsy

Deborah M. Moss, Woodbine House, Inc., 1989

Ages 4-8 ISBN: 0-933149-32-8

**Description:** When Lee loses her fishing pole while having a seizure, she is scared she won't be able to do normal things she loves. But, with Dr. Bob's help, she learns how to control her epilepsy and learns she can still have fun doing all the things she used to.

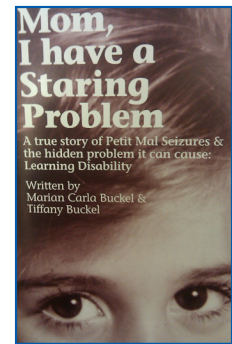


## Mom, I have a Staring Problem

Marian Carla Buckel & Tiffany Buckel, M.C. Buckel, 1992

Ages 4-8 ASIN: B0006EZ87A

**Description:** This is an encouraging true story written through the eyes of a child who struggles to keep up with the rest of the first grade. Her absence seizures went unnoticed to anyone until a doctor finally caught on to the cause of her delayed learning. When she was finally able to take control of her seizures, she was also able to shine academically.

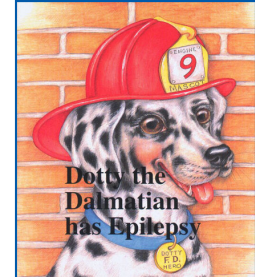


## Dotty the Dalmatian has Epilepsy

Tim Peters and Company Inc., 1985;

Ages 4-8 ISBN: 1-879874-35-0

**Description:** This is a story about a young Dalmatian who dreams of becoming a firehouse mascot one day. When she discovers she has epilepsy she feels ashamed and is sad that she will not be able to help the firefighters, but little does she know, her life as a firehouse dog is far from over.

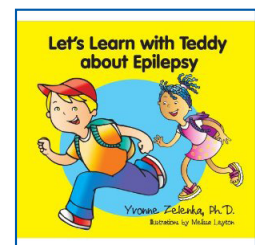


## Let's Learn with Teddy about Epilepsy

Yvonne Zelenka, Ph. D; Medicus Press, 2008

Ages 4-8 ISBN: 978-0-9787727-2-7

**Description:** Teddy has a seizure while playing video games, and learns he has epilepsy after a visit to the doctor. He is excited to show off his MRI in school and is even happier to learn that not much has changed.



## Taking Seizure Disorders to School: A Story About Epilepsy

Kim Gosselin; JayJo Books, 2001

Ages 4-8 ISBN: 978-1891383168

**Description:** In this story, a young girl teaches her classmates all about epilepsy and seizure disorders.

