



Did you know that:

- Most seizures are NOT medical emergencies
- Students are often NOT aware they are having a seizure and will not remember what happened
- Epilepsy is NOT contagious
- Epilepsy is NOT a form of mental illness
- Students very rarely die or are brain damaged during a seizure
- A student CAN'T swallow his/her tongue during a seizure
- You should NEVER put anything in the mouth of someone having a seizure



Epilepsy can impact learning and behavior.

Here are some things to keep in mind:

- Seizures may cause short-term memory problems
- After a seizure, coursework may have to be retaught
- Seizure activity, without obvious physical symptoms, can still affect learning
- Medications may cause drowsiness, inattention, concentration difficulties and behavior changes
- Students with epilepsy are more likely to suffer from low self-esteem
- School difficulties are not always epilepsy-related